

# South Davis Recreation Center 550 North 200 West, Bountiful, UT 84010 (801) 298-6220



POSITION: Weight Room Attendant EFFECTIVE DATE: 10/21

WAGE RANGE: \$10-11 STATUS: Part Time

# **POSITION REPORTS TO**: Fitness Coordinator, Fitness Manager, Aquatics & Fitness Director

#### **GENERAL PURPOSE:**

Under the direction of the Fitness Coordinator, keep weight room area clean, organized, and enforce the rules of the weight room.

#### **EXAMPLE of DUTIES:**

- 1. Responsible for performing attendant duties in an effective manner
  - a. Supervise the conduct of patrons to prevent unsafe conditions and behavior in order to deter accidents or injuries
  - b. Report unsafe conditions to the appropriate personnel in a timely manner
  - c. Show a willingness to promote the facility's fitness program
  - d. Help keep the Recreation Center clean and uncluttered
  - e. Record attendance on appropriate forms
  - f. Enforce all Weight Room / Exercise area rules
  - g. Clean and straighten weight room/exercise area using a cleaning check-off list
- 2. Assume responsibility for maintaining positive relations with patrons
  - a. Conduct oneself in a professional manner and dress in proper attire
  - b. Assist and support patrons in a positive and productive manner
  - c. Respond to questions and concerns promptly
  - d. Stay alert and attentive while on duty
- 3. Responsible for establishing and maintaining effective working relations with personnel and management
  - a. Attend all staff meetings and in-service training sessions
  - b. Provide input for Fitness area planning
  - c. Discuss problems and concerns with appropriate personnel
- 4. Other duties as assigned

## **MINIMUM QUALIFICATIONS:**

- 1. At least 16 years of age
- 2. Ability to communicate effectively with patrons, supervisors, and other employees
- 3. Alert, attentive, self motivated, enthusiastic, responsible and adaptable
- 4. Good physical condition
- 5. Ability to function as a team player
- 6. Must hold, or be able to obtain within 60 days of hire, American Red Cross certifications in Community First Aid & Safety, CPR for the Professional Rescuer, and AED, and keep them current throughout employment

## **WORKING CONDITIONS:**

- 1. Willing and available to work early mornings, mid-day, evenings, weekends, and holidays
- 2. Moderate physical activity including pushing, pulling, and lifting medium to heavy weights
- 3. Uncomfortable working positions such as stooping, crouching, and bending
- 4. May have a few disagreeable elements such as noise, poor ventilation, or extreme or uneven temperatures
- 5. Work inside and outside
- 6. Exposure to stressful situations as a result of human behavior